



CHAPTER MEETING

Friday, May 23, 2014

Vortex of Seduction: the Exploitation of our Youth

Jennifer O'Farrell, Anti-Human Trafficking Director at Operation Safe House, will present the process in which youth get lured into being abused by human traffickers, the emotional and psychological impact on the victims and their families, and what can be done to intervene.

Jennifer O'Farrell is the Anti-Human Trafficking director at Operation Safe House, a non-profit agency providing emergency shelter and transitional living for youth in Riverside County. Jennifer serves as the Victim Service Provider of the Riverside County Anti-Human Trafficking Task Force. She spends her time providing intensive case management to victims, and educating, collaborating and creating programs to treat, prevent, and intervene for victims of labor and sex trafficking. Jennifer holds a Bachelor of Arts degree from California Baptist University, is a certified Sexual Assault Counselor and Advocate, and has received over 200 training hours from various leaders in the field of human trafficking case management.

Seminar objectives:

1. Participants will gain an understanding of the scope and magnitude of human trafficking, both domestically and internationally.
2. Participants will recognize and articulate the various forms of human trafficking, learn key terminology, identifiers, and the "push and pull" factors.
3. Participants will understand trafficking from the perspective of the victim and the multiple needs of survivors and recognize the roles that various disciplines have to play in anti-trafficking efforts.

MONTHLY MEETING TIME & LOCATION

8:30am – 11:00am

Program begins at 9:00am.

All are welcome to stay for the board
Meeting from 11-12 noon

LLU Behavioral Health Institute
1686 Barton Road, Redlands, CA 92373

Directions: Exit the I-10 FWY at Alabama Street. Go South to Barton Road. Go West (right) on Barton Road. BHI is at the corner of Barton Road and Iowa Street. Park ONLY in the parking area around the BHI

2 CEUs available for full attendance
at IE-CAMFT meeting.

IE-CAMFT members: No additional cost.

Non IE-CAMFT members: \$10.00.

DON'T FORGET TO REGISTER ONLINE: [REGISTER](#)

Note: Promptness is urged and presence is required during the two hour presentation to earn your 2 CEUs.

[Map](#)

TABLE OF CONTENTS

Workshop/Presenter Highlight.....	1
President's Message.....	2
At our last meeting	3
Message from Webmistress/Welcome New Members.....	4
Upcoming Programs & Events/Call for Presenters.....	5
Board Member Contact Info/Newsletter/Ad Info.....	6
Membership Information/Note from the Chair	7
Display and Classified Ads.....	8-9



"PRESIDENT'S MESSAGE"

CAMFT Update

BY JANINE MURRAY, LMFT

As you now know, the petitioned candidates were all voted in and that means that we were successful in joining together to make a difference. I attended the CAMFT conference in Indian Wells and wanted you to know a few things if you were not able to attend. There were over 600 CAMFT members attending. There was an Annual business meeting with 120 members in attendance, though it was not enough members to vote on any matters. A quorum is 180 members.

I wanted to pass along some information I have learned about the LPCC's. I think there is still a lot of confusion over their impact in California.

1. LPCCs have their own organization, and chose not to be part of CAMFT: <http://calpcc.org/> They've had it for several years.
2. In ALL other states, LPCCs pre-existed before MFTs; MFTs came second. This is not the case in CA which is why we have more MFTs in our state than the whole rest of the country combined - and that's because of CAMFT. In the other states, MFTs are a small percentage of the mental health professionals (I think the figure is around 5%). But again - that's because MFTs came second, behind LPCCs. LPCCs NEVER "took over" and "beat out the MFTs" in other states. It's simply that MFTs came afterwards and the license has never gained in popularity outside of California, probably due to grad schools already set up for LPCs/LPCCs in other states, unlike here. Recall California was the 50th state to adopt the LPCC license and we waited a long time.
3. AAMFT is an organization promoting "marriage and family therapy" not "Marriage and Family Therapists" - HUGE difference. Anybody who practices therapy with couples and families can be a voting member of AAMFT. They simply have to profess that they've had training and education in marriage and family therapy, and that it's a significant portion of their practice. Therefore psychologists, social workers, professional counselors, pastoral counselors and even psychiatrists can all be members of AAMFT.

If you missed the April 25th meeting where CAMFT Executive Director Jill Epstein was our guest speaker, you can check it out on the Inland Empire CAMFT site or click on the links provided on the following page.

I look forward seeing you at the next Inland Empire CAMFT meeting, Friday, May 23, 2014.

Janine Murray, LMFT
President, Inland Empire CAMFT

FROM THE TOP: LEGISLATIVE UPDATE

**JILL EPSTEIN, JD**

Jill Epstein presented an update on the current status of state and federal legislation affecting MFTs based on her regular visits to Sacramento and Washington, DC. and also addressed regulatory issues from the BBS. She then reviewed the 2014 CAMFT priorities and discussed her vision for working with CAMFT chapters, answering questions regarding the recent bylaw controversy. The meeting concluded with a Q+A.

Participants utilized this event as an opportunity to directly communicate to the management of CAMFT concerns regarding the LMFT profession as well as the bylaws issue and direction of the organization.

To watch videos of the presentation, click on these links:

Part I

<http://youtu.be/XeDS7q6q8ks>

Part II

<http://youtu.be/Y-DBvnL6oVI>

Jill Epstein became the Executive Director of the California Association of Marriage and Family Therapists (CAMFT) in May, 2011. CAMFT is an independent professional organization representing the interests of licensed marriage and family therapists. CAMFT has more than 30,000 members, 19 employees and a budget of nearly \$5 million. Prior to joining CAMFT, Ms. Epstein was the Chief Operating Officer of the California Massage Therapy Council (CAMTC), an organization created by the California Legislature to develop and implement statewide voluntary certification for massage therapists.

During Ms. Epstein's 11 years in Washington, DC, she worked for the American Medical Association, the National Committee to Preserve Social Security and Medicare, and AARP.

Ms. Epstein received her bachelor's degree in Political Science from the University of Michigan – Ann Arbor. She received her Juris Doctorate from the American University – Washington College of Law in Washington, DC.

BE SURE TO CHECK OUT THE “MEMBERS ONLY” PAGES ON THE WEBSITE!

Under the “Members Only” pages you will find News, Forums, and Workshop Presentation Information as well as other useful pages

Don’t forget to update your profile on the therapist directory! In order to take full advantage of the directory, which will allow potential clients to find you by name, location, or specialty and will allow clients to contact you directly from the website, make sure that you utilize the bio, expertise, additional information, comments, and classified ad sections available and that you upload a logo or picture. The Therapist Directory is a benefit specifically for IE-CAMFT chapter members and you will now find it in the public section of the website under the heading, “Marriage & Family Therapy” where you will also find the ads.

The **member directory** has also been developed and is under the “Members” section of the website. The member directory includes all of the members, some of whom are CAMFT only members, and provides additional information such as interest in being a presenter or being a member of the board. Also check out the “News” section and the “Forum” section, where you can weigh in on existing forum threads or add your own!

Build referrals and network with your free personalized listing on www.ie-camft.org!
Learn more about recent presentations and discuss related topics!
Discuss timely and controversial issues in our forum!

As a reminder, you may now conveniently join IE-CAMFT, renew your membership, register for events, and pay for membership and events online.

Your Webmistress,

Carol A. Bouldin, LMFT

**Welcome
New Members**

Alicia McLeod, Shawn Dredla,
Kathryn Michael, Stephanie
Risinger, Jenna Collins

UPCOMING CHAPTER PROGRAMS AND EVENTS

DATE	SPEAKER	TOPIC	TIME/LOCATION	COST
MAY 2014				
Friday 5/23/14 Monthly Meeting	Jennifer O'Farrell, Anti-Human Trafficking Director	"The Vortex of Seduction—the exploitation of our Youth"	8:30 – 11 a.m. LLU Behavioral Health Institute	IE-CAMFT Members: No Cost Non-IE-CAMFT Members: \$10.00
JUNE 2014				
Friday 6/27/14 Monthly Meeting	Ruth Lester, LMFT	"Meeting the Emotional Needs of Children and Youth in Foster Care"	8:30 – 11 a.m. LLU Behavioral Health Institute	IE-CAMFT Members: No Cost Non-IE-CAMFT Members: \$10.00
JULY 2014				
Friday 7/26/14 Summer Retreat & Board Mtg.	N/A	TBA	TBA	Open to IE-CAMFT Members at no cost

****DON'T FORGET TO REGISTER ONLINE SO WE KNOW TO EXPECT YOU!****

A Message from the Program Chair:

Presenters: Write an article to submit with your presentation for inclusion in the newsletter and on the website!

One of the best known ways to build your practice is to get into the community and speak about your expertise. IE-CAMFT is interested in learning new theories, skills, tools, and approaches to treatment. Share your knowledge, experience, and wisdom with us!

We are looking for **presenters** for future IE-CAMFT meetings. We urge you to consider sharing with us.

IE Board (B)/Committee (C) Members

President: (B)

Janine Murray: (951) 452-1185, jmurraymft@aol.com

President Elect: (B)

Open

Past Presidents: (B)

Dan Totaro: dtotaro3@gmail.com

Doreen Van Leeuwen: (951) 847-7742,
doreen4u2@sbcglobal.net

Financial Officer: (B)

Garry Raley: (951) 640-5899, garral@sbcglobal.net

Secretary: (B)

Janell Gagnon: (909) 633-7714, jonell419@yahoo.com

Program Chair: (B)

Ilse Aerts: (909) 945-9947, ilse.aerts76@gmail.com

Membership Chair: (B)

Carol A. Bouldin: consultant@carolabouldinmft.com

Hospitality Co-Chairs: (B)

Annette Compton: ac2360@msn.com

Jeanne Joslin: (951) 922-8799, Jeanne_joslin@yahoo.com

Janetta Peltz: (951) 922-0442, psy_hlp_5cents@hotmail.com

Board Members At Large: (B)

Marie Louise Bosin: (909) 809-8012,

MarieLouise.Bosin@gmail.com

Donell Miller: (909) 798-2765, 4donellmiller@gmail.com

Website/Newsletter (C)

Carol A. Bouldin: consultant@carolabouldinmft.com

Newsletter Reviewer: (C)

Marie Louise Bosin: (909) 809-8012,

MarieLouise.Bosin@gmail.com

CEU Chair: (C)

Alyssa Giambra: angiambra@hotmail.com

Newsletter Notes & Policy

WE WELCOME YOUR SUBMISSIONS!!

Please submit newsletter items to Janine Murray @ jmurraymft@aol.com and consultant@carolabouldinmft.com

Deadline for submissions is the first of each month (except July and December when we do not publish a newsletter). The newsletter is e-mailed to all members who have given us email addresses.

Please note that articles submitted will be edited for readability.

Notice Regarding Ads: Free Member ads will run continuously for three consecutive newsletters if not cancelled earlier. After three newsletters they will be discontinued unless a renewal request is received.

DISPLAY AD RATES (per month)

BUSINESS CARD SIZE:

MEMBERS: \$10

NON-MEMBERS: \$20

¼ PAGE:

MEMBERS: \$20

NON-MEMBERS: \$40

CLASSIFIED AD RATES:

MEMBERS: free

NON-MEMBERS:

1 month: \$20

3 months: \$54 (10% off)

6 months: \$90 (25% off)

12 months: \$144 (40% off)

WHY JOIN IE-CAMFT?

Membership in the Inland Empire Chapter of CAMFT requires a membership in CAMFT. There are multiple benefits to belonging to both. Membership may be initiated or renewed any time during the year.

For your \$40 yearly investment you can:

- ✓ Network – online and in person
- ✓ Receive 2 FREE CEUs at Each of 9 Monthly Meetings
- ✓ Attend Special Law and Ethics Meeting with 6 CEUs at nearly 50% Reduced Cost
- ✓ Advertise in this Newsletter & Website
- ✓ Develop Peer Relations to Reduce Isolation
- ✓ Give and Receive Consultation and Referrals
- ✓ Stay Connected to Other Therapists
- ✓ Increase Your Knowledge
- ✓ Participate in Directories, Forums, Discussions
- ✓

Join, renew, update, or register online at:

www.ie-camft.org. ♦

Is It Time To Renew Your Chapter Membership?

IE-CAMFT chapter membership is renewed separately from your statewide CAMFT membership and now with the new website, renewal notices are generated automatically! Just click on the link on your invoice in the notification email and pay online for immediate verification of your renewal. **Several members are up for renewal this month** so be sure to check your inbox or go to your profile on the website and renew your membership!



A Note from the Membership Chair:

We now have 108 active members in our chapter!

Now that we have an automated system, you don't have to worry about keeping track of when it is you need to renew your membership—you will be reminded 2 weeks before your renewal date and on the renewal date that it is time to renew. Rest assured that if you renew early, your renewal date will be extended one year from the date your membership expires, not from the date you renew. Please renew and submit member applications and workshop registrations online, even if mailing in a check, though we prefer that you use the online payment system. If you have any difficulty applying, renewing, or registering, don't hesitate to contact me. Thanks again for using the online system!

Don't forget to register for upcoming seminars on the events page—it helps the membership and CEU chairs keep our records straight as to who is attending the presentations, and helps the hospitality committee plan how many refreshments to provide.

Child Sexual Abuse

Law Offices of Joseph C. George, Ph.D.

Licensed Psychologist (PSY 7480)
Attorney At Law (SBN 119231)

Legal Representation of Injured Victims
and Survivors

Available for Referral of Clients and
Free Consultation

633 W. 5th Street
Suite 2600
Los Angeles, CA 90071
(213) 223-2330
www.psyclaw.com

Practice Accepting New Referrals – Group Counseling
Available for All Ages

909 635 8077

1538 Howard Access Road, Suite B
Upland, CA, 91786

acceptance@live.com

www.ranchocucamongatherapy.com

Accepting Most Health Insurance Company and EAP Referrals,
as well as a Sliding Scale.

Acceptance Counseling Services, Inc. offers counseling services
to Adults, Children, Teenagers, Families, Parents, Couples and
Groups. We are a group of caring, committed, licensed
therapists. There are 5 clinicians within our group with varying
specialty areas.

We also offer the following therapy groups:

- Adult Stress Relief and Coping Skills Therapy Group
- Children's Behavior & Anger Management Therapy Group
- Children's Social Skills & Self-Esteem Building Therapy Group
- Children with Family Issues Therapy Group
- Teen Self-Improvement Therapy Group

Many therapists choose to refer their individual therapy clients
to our groups if they do not offer group therapy in house. It is
understood that the client will remain the client of the individual
therapist for individual therapy.

Office Space. Claremont- Counseling office available part-
time (Mon/Thurs) in attractive 5 office suite with shared
waiting room. Good location. \$220 to \$290 Monthly.
Contact Michelle [\(951\) 522-6766](tel:9515226766) or mdlmft@gmail.com

Office Space for Rent in Claremont

Office space available in suite of collegial therapists.
Waiting room, Wi-Fi, great parking and location. Full-time
or part-time Monday through Friday, hourly or daily
reasonable rates. Contact Linda Shestock, LMFT at
lshestock@aol.com or 951-640-1225

Consultation Group in Corona!

Doreen Van Leeuwen, LMFT and Cheryl Ballou, PsyD are
facilitating a pro bono consultation group on the first
Sunday of the month from 4:00 P.M. to 6:00 P.M. We will
share relevant and current research, case consultation, and
encourage networking and referral opportunities.

The group meets at:

1101 California Street, Suite 100
Corona, California, 92881

If you would like to participate please reserve your spot with
Cheryl Ballou, PsyD, www.drballoupsyd.com
drballoupsyd@yahoo.com

Office: [951.264.8714](tel:9512648714) Fax: [951.735.8451](tel:9517358451)

Please park in the front of the building on the address side.

When you arrive, please text or call me [\(951.264.8714\)](tel:9512648714) and
I will come let you in. You will probably be able to get into
the atrium, but I will have to let you into the office itself.

Seeking Office Space

Looking for about 10 hrs a week of office space in the
chino area. Please contact Frank Gonzalez at 909-
973-4273

To place an ad, go to: www.ie-camft.org and submit
request on the *Contact Us* page.

CLASSIFIED ADS



Betty Odak, LMFT (MFC 52001)

535 West State Street, Suite 'C' Redlands, CA 92373.
Tel: [909-335-9700](tel:909-335-9700) or Toll-free [855-824-2999](tel:855-824-2999), Cell [562-846-1269](tel:562-846-1269)
3117 University Avenue, San Diego, CA 92104
Tel: [619-800-2053](tel:619-800-2053) or [562-522-8008](tel:562-522-8008), Fax – [909-335-5991](tel:909-335-5991)
Email: ccmftcc@gmail.com or betty.odak@gmail.com
Website: <http://www.crossculturalcounselingcenter.com>
Email: ccmftcc@gmail.com betty.odak@gmail.com,
www.crossculturalcounselingcenter.com

QUALIFICATIONS & EXPERIENCE

- 15+ years of experience working with abused and neglected children in group homes, foster homes and their families. Provides brief cognitive-behavioral counseling and longer-term psychotherapy
- Specializes in the treatment of:
 - eating disorders
 - recent immigrants / cross-cultural issues & refugees
 - foster parenting/adoption issues
 - Christian counseling
 - delinquent and violent children
 - depression, anxiety and stress related issues
 - clients dealing with financial anxiety and crisis (including bankruptcy and debt)
 - substance abuse and codependency, anger management, anxiety management, and gay and lesbian issues
- Languages: English and Swahili (Spanish and Arabic will be included later)
- Author of two books:
 - Coming to America By Air and How American Food and Lifestyle Led Me To Gain Over 100 Pounds about eating disorders and the emotional issues associated with weight gain/loss.
 - Before, After, and Beyond Bankruptcy, about the connection between emotions and money

PROFESSIONAL DEVELOPMENT. BBS CEU provider #5374, registered Play Therapy Supervisor for the Association for Play Therapy. Various interesting topics. Earn hours of CEU credit. Peaceful and comfortable location. Mindfulness included in all trainings. www.nsewmec.org. Didactic and Experiential. Come have FUN with us while you learn.
marielouise.bosin@nsewmec.org

The Soldiers Project is looking for therapists in the IE to volunteer an hour a week to see a vet or a loved one in their own office on an unlimited basis. Training and support are provided to therapists. If interested, contact: Miriam Koenig, MFT, LPCC at: www.miriamkoenig.com or 818.783.4032

Classified ads are FREE for members and are also posted on our website

www.IE-CAMFT.ORG

NSEW Mindfulness Education Center offers low fee/sliding scale based on income and ability to pay counseling for adults, teens, children, couples and families at 101 E. Redlands Blvd, Suite 144, Redlands, CA 91373. Interns supervised by Marie Louise Bosin, MA, LMFT (27703) and Cynthia DellaRipa, MA, LMFT (47975) are available to serve you at a cost you can afford. Call the Center at 909-283-2338 (ext 1#) to make an appointment.

Opportunities to Learn / Practice Psychodrama:

**** Every Monday at 7 PM****

Free 2 1/2 hours of a continuing course on the 24 OPEN STORY models. Newcomers are welcome, but everyone must pledge confidentiality. The didactic comes at the beginning. After that is a psychodrama on whatever concerns people bring with them. University Methodist Church, 940 E. Colton Ave, Redlands, 92374. Park on Division St. and walk from there. Give and receive group support, pursue personal issues, and develop professional expertise. Earn CEU training certificates. We respond to issues you bring with you such as inner and interpersonal conflict, overcoming obstacles, family distress, couple and friendship troubles, discouragement, fears, isolation, rejection, failures, and crisis management. Get more information from Donell Miller: 4donellmiller@gmail.com (909) 798-2765 (let phone ring at least ten times).

DON'T HAVE A WEBSITE YET?

Contact me at: consultant@carolabouldinmft.com and I will design one for you!

Special rates for CAMFT and IE-CAMFT members